



I hereby commit to be a coach of the North Langley Trappers. As a coach, I understand that how I carry myself on and off the field is critical – my behavior is modeled by players and parents while it may be dissected by the opposition. As such, I will do my best to follow these rules:

1. **I will set a good example by modeling the same basic expectations set for players and parents.** If an expectation is reasonable for a parent or player, I should also be expected to follow those same standards.
2. **I will practice high ethical standards and only direct my team to play within the rules.** We will always attempt to play within the rules of fair play, regardless of whether they are enforced.
3. **Not challenge judgment calls by the umpire.** It is acceptable to question the interpretation of a rule, but only in a courteous non-confrontational manner. Shouting or gesticulating reactions to umpires' call are unacceptable. Remember the younger umpires are in a learning phase and should be treated with dignity and encouragement. Concerns should be forwarded to the Umpire-In-Chief by using the form that is located on the website.
4. **I will have a thorough understanding of the rules of the game and those applicable to the tournaments we play.**
5. **I will have clear, written team rules and expectations for players, parents and coaches.** It is unfair to all if the rules and expectations are not in writing.
6. **I will consciously provide more positive than negative reinforcement.** I understand that this significantly impacts a player's passion to play the game and ability to learn.
7. **I will treat all our players with the respect they deserve.** My role is to teach the game of baseball and some life lessons along the way. These are kids developing into young adults, and they all deserve my respect.
8. **I will arrive early, when possible, to practices and games to be sure that I am prepared prior to players arriving.** Players should never wait for their coach to arrive with equipment and instruction.
9. **I will not risk the health of a player's arm in an effort to win.** I will obey pitch limits, remove a player who complains of a sore arm and practice caution to prevent arm injury.

10. **I will be a role model for my players regarding good sportsmanship, teamwork and self worth.** I realize that players and families will often follow my lead. It is important that we all practice good sportsmanship and respect of others and ourselves.
11. **I will respect the opposing team, coaches, players and fans.** While games can get intense, we will practice friendly competition and show respect for our opponents.
12. **I strive to have every kid return to the sport next year by the example I set forth**

I understand these rules, and I will do my best to always represent this team and my child well.

I also agree that if I fail to abide by the rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- > Verbal warning by umpires, coach director, and/or president of NLB
- > Written warning
- > Coach game suspension with written documentation of incident kept on file by NLBB.
- > Coach season suspension

Name, Signature _____

Date _____