



AVAILABLE  
JANUARY  
2020

# FOUNDATIONS OF COACHING SOFTBALL (FOCS)

A Guide to E-Learning

## FOCS - PART 1

The **MINIMUM** training required for all softball coaches in 2020



**What modules will be covered?**

- Becoming a Coach
- Safety
- Coaching Process
- Working with parents
- Long - Term Player Development (LTPD)

**How much will it cost?**

\$10

**How long will it take?**

60- 75 mins

**Local Associations are responsible for ensuring coaches complete this training.**

**FOCS - Part 1 is the first step in both Community Coach Pathways and must be completed before attending the face to face clinics.**

## FOCS - PART 2

**FOCS - Part 1 is a prerequisite for FOCS - Part 2**



**What modules will be covered?**

- LTPD
- Stages of Skill Development
- Teaching Methods
- 5 Step Coaching Process
- Planning a Practice
- Knowledge Check

**How much will it cost?**

\$15

**How long will it take?**

75- 90 mins



**FOCS - Part 2 is the first step in the Competition - Introduction Coach Pathway and must be completed before attending face to face clinics.**



**Certified Coaches - Earn 5 PD points for completing each FOCS module!**

Access through the NCCP Locker starting Jan. 2020

**For more information visit  
Softball.ca**