



General Skills Clinic with Mya Galbraith

The North Langley Softball Annual Kick Off the New Year General Skills Clinic is back!

Great fun filled skills sessions to get ready for the upcoming 2020 season!!

Who: Mya Galbraith - Accepted to SFU in 2020, current member of the Fraser Valley Fusion 03. Mya is excited to work with our youth and brings an extensive amount of knowledge to our clinic.

When: January 12,19,26 2020
February 2,9,16,23 2020
March 1,8 2020

Times: 2009-2013 age group 1:30-2:30pm/ 2008-older age group 2:30-3:30pm

Where: Yorkson Creek Middle School
20686 84 Ave, Langley, BC

Cost: \$60.00 (includes softball t-shirt)

Each registered player who brings a friend who is new to North Langley Softball will be free!
This is the perfect time to see what softball is all about!

Details: 2009-2013 age group will be a fun filled practice with various softball games/drills to help build skills & confidence.

2008-older age group will be put through a practice session emphasizing & focusing on various drills & replicating game like situations.

**** All Players are to have their own glove & face mask. Bats/softballs will be supplied but if you have your own bat please feel free to bring it.****

This program is open to our "rec" program first and foremost, if time slots are not filled then we will offer up open times to athletes within our "rep" program.

