

I have agreed to become a member of the \_\_\_\_\_\_. As a member of this team, I will do my best to obey these rules and regulations:

- I will respect my coaches and parents and do as they ask. I understand that they come from a place of experience and want to help me become the best I can be.
- I will practice good sportsmanship before, during and after games. I will treat all teammates, opposing players, coaches and fans with respect.
- I will respect decisions made by the umpires. This will include my body language. I cannot change their decisions, and I recognize my reaction may reflect poorly on both me and my team.
- I will handle winning with class and losing with grace. A player's true character is shown in handling both winning and losing with similar reflection and appreciation.
- I will never throw a bat or other equipment in anger. Not only is this unsafe, but it is a selfish display of poor self-control and bad sportsmanship.
- I will treat practices seriously as an opportunity to become the best player I can be. Practice is my time to polish my tools while the game is my time to shine.
- I will practice self-control, setting a positive example for others. I will not get down on myself when things aren't going my way.
- I will remain in the dugout during games at all times, unless approved by a coach. My focus needs to be between the lines.

These are rules I embrace to help me become a better player, teammate and person. I understand these rules, and I will do my best to always represent my teammates well. I will always do my best to follow these rules.

Player Signature and Date